

c [\[JTL Home\]](#) [\[Men's Division Results - 10K\]](#) [\[Women's Division Results - 10K\]](#) [\[Overall Results - 5K\]](#)

Pau Hana Runs - 10K and 5K Run/Walk

September 30, 2011 - Waikoloa, Hawaii

Official Results by: [JTL Timing Systems](#)

Overall Results - 10K

Plc	Name	Division	Residence	Time	Pace
1	Billy Barnett #48	20 - 29	Volcano, HI	:34:01	05:29
2	Daniel Fontana #75	30 - 39	Milan, Italy	:36:10	05:50
3	Jason Braswell #95	30 - 39	Kailua-Kona, HI	:36:27	05:52
4	Pablo Ureta #73	30 - 39	Motier, Swi	:37:05	05:58
5	Rodrigo Mirondo #74	30 - 39		:37:37	06:04
6	Lyman Perry #70	40 - 49	Volcano, HI	:38:27	06:12
7	Austen Trimble #90	20 - 29	Spring, TX	:38:33	06:13
8	Penn Henderson #7	Pro		:39:10	06:19
9	Peter Buehlow #52	50 - 59	Bright, Can	:39:37	06:23
10	Alexander Lang #61	40 - 49	Freiburg, Germany	:40:00	06:27
11	Jason Thorp #71	40 - 49	Waikoloa, HI	:40:14	06:29
12	Mike Sullivan #83	30 - 39	Papaikou, HI	:40:49	06:35
13	Andreas Ruf #62	40 - 49	Stutensee, Germany	:42:26	06:50
14	Mark Pierofesa #97	40 - 49	San Mateo, CA	:42:46	06:53
15	John Moline #12	30 - 39	Doylestown, PA	:42:49	06:54
16	Rani Tanimoto #8	30 - 39	F	:43:26	07:00
17	Sam Wilburn #65	30 - 39	Honokaa, HI	:43:55	07:05
18	Robin Fasciano #103	30 - 39	Kamuela, HI	:44:31	07:10
19	Balazs Csoke #119	20 - 29	Zurich	:44:39	07:12
20	Tim Robinson #116	40 - 49	Kailua Kona, HI	:44:44	07:12
21	Roy McBeth #66	40 - 49	Maple Ridge, Can	:44:57	07:15
22	Jenny Kalmbach #68	20 - 29	F Kailua Kona, HI	:45:29	07:20
23	Stephen Cosgrove #118	40 - 49	Kailua Kona, HI	:45:34	07:20
24	Stefan Reinke #107	50 - 59	Kaneohe, HI	:45:52	07:23
25	Erin Stephens #27	20 - 29	F Kailua Kona, HI	:46:41	07:31
26	Danny Guerpo #80	40 - 49	Kamuela, HI	:47:22	07:38
27	Patrick Leatherman #87	20 - 29		:47:45	07:42
28	Dixie Newman #47	50 - 59	F Hilo, HI	:47:49	07:42
29	Scot Carr #100	40 - 49	Seattle, WA	:47:57	07:44
30	Rachel Gillis #117	30 - 39	F Waikoloa, HI	:47:59	07:44
31	Steve Colon #37	50 - 59	Kailua, HI	:48:01	07:44
32	John Kylas #89	50 - 59	Ocean View, HI	:48:18	07:47
33	Keith Juhola #51	40 - 49	Reno, NV	:48:31	07:49
34	Tanya Gusarchuk #60	20 - 29	F Kailua Kona, HI	:48:36	07:50
35	Pascale Fasciano #104	30 - 39	F Kamuela, HI	:49:10	07:55
36	Chris Choy #11	20 - 29	Kailua Kona, HI	:49:51	08:02
37	Brian Butterworth #10	40 - 49	Kamuela, HI	:51:46	08:20
38	Tim Deboom #1	Pro		:51:47	08:21

39 Lani Metcaf #88	30 - 39	F Kailua Kona, HI	:52:02	08:23
40 Kristofer Cazimero #69	20 - 29	Kamuela, HI	:52:06	08:24
41 Joel Tessier #113	30 - 39	Hilo, HI	:52:39	08:29
42 Wyatt Brumbaugh #26	19 & Under	Kailua Kona, HI	:53:15	08:35
43 Shawn Baker #98	40 - 49	Kamuela, HI	:53:17	08:35
44 Donald Goings #157	20 - 29	Kailua Kona, HI	:53:31	08:37
45 Mark Mahaney #63	50 - 59	Kamuela, HI	:53:41	08:39
46 Mathew Adams #64	30 - 39	Waikoloa, HI	:53:41	08:39
47 Mary Croix #112	30 - 39	F Kamuela, HI	:54:49	08:50
48 Lucy Bell #106	30 - 39	F Elwood, Aus	:55:01	08:52
49 Denis Honeychurch #76	60 & Over	Fairfield, CA	:56:00	09:01
50 Keith Cabral #81	40 - 49	Kamuela, HI	:56:20	09:05
51 Lisa Reinke #82	40 - 49	F Kaneohe, HI	:56:20	09:05
52 James Hank #39	50 - 59	Mountain View, HI	:56:36	09:07
53 Sally Crawford #34	60 & Over	F Laguna Beach, CA	:56:43	09:08
54 Michael Rushton #84	40 - 49	Keaau, HI	:56:59	09:11
55 Robert Rithchie #58	30 - 39	Kailua Kona, HI	:57:04	09:12
56 Lori Montgomery #16	50 - 59	F Kailua Kona, HI	:57:35	09:17
57 Bob Harman #56	60 & Over	Waikoloa, HI	:57:36	09:17
58 Tina Lower #78	30 - 39	F Kailua Kona, HI	:57:46	09:19
59 Nicole Friedley #91	40 - 49	F Kailua Kona, HI	:57:46	09:19
60 Elliot Parsons #77	30 - 39	Kailua Kona, HI	:57:47	09:19
61 Mandy Sats #46	20 - 29	F Hawi, HI	:57:51	09:19
62 Christine Woods #13	50 - 59	F Ocean View, HI	:58:04	09:21
63 Paige Wilburn #79	40 - 49	F Honokaa, HI	:58:35	09:26
64 Heather Heintz #114	30 - 39	F Hilo, HI	:58:52	09:29
65 Wesley Yamamoto #49	30 - 39	Kamuela, HI	:59:11	09:32
66 Lucy Kovari #96	20 - 29	F Scottsdale, AZ	:59:15	09:33
67 Ellie Sumic #85	40 - 49	F Waikoloa, HI	:59:32	09:36
68 Linda Goeth #20	50 - 59	F Kailua Kona, HI	1:00:06	09:41
69 Adrian Cardiacos #53	40 - 49	New Town, Aus	1:00:20	09:43
70 Steve Godwin #105	30 - 39	Carlsbad, CA	1:00:28	09:45
71 Kee Dunning #14	40 - 49	F Billings, MT	1:00:31	09:45
72 Angelica Anderson #111	30 - 39	F Kamuela, HI	1:00:50	09:48
73 Janet Miller #45	50 - 59	F Kailua-Kona, HI	1:01:12	09:52
74 Suzanne Bistline #99	40 - 49	F Kamuela, HI	1:03:27	10:14
75 Will Swasey #57	40 - 49	Waikoloa, HI	1:03:30	10:14
76 Shell Perrot-Juhola #50	40 - 49	F Reno, NV	1:03:53	10:18
77 Sean Adkins #41	50 - 59	Kamuela, HI	1:04:13	10:21
78 Kathrine Baulderstone #12	40 - 49	F Linden Park, Aus	1:05:31	10:34
79 Mark Miller #122	40 - 49	Melbourn, Aus	1:05:32	10:34
80 Annie Lurie #120	30 - 39	F Melbourne, Aus	1:05:32	10:34
81 Laurie D'entremont #59	30 - 39	F Novascotia, Canada	1:06:00	10:38
82 Ramona Hale #40	40 - 49	F Captain Cook, HI	1:07:53	10:56
83 Laura Rogers #22	50 - 59	F Waikoloa, HI	1:07:54	10:57
84 David Eldridge #72	60 & Over	Crystal Bay, NV	1:08:15	11:00
85 Bob Crawford #35	60 & Over	Honolulu, HI	1:08:27	11:02
86 Kristina Rushton #30	20 - 29	F Keaau, HI	1:08:43	11:05
87 Carrie Hermstad #36	40 - 49	F Kailua, HI	1:09:11	11:09
88 Christina Martinez #94	30 - 39	F Honokaa, HI	1:09:56	11:16
89 Freeman Bangay #33	50 - 59	Waikoloa, HI	1:10:50	11:25
90 Ken Turner #19	60 & Over	Waikoloa, HI	1:11:03	11:27
91 Stacy Stellflug #15	30 - 39	F Billings, MT	1:11:28	11:31

92 Sandra Shepherd #21	50 - 59	F Kailua Kona, HI	1:12:05	11:37
93 Hoolaea Andrade #93	30 - 39	F Honokaa, HI	1:12:24	11:40
94 Jane Eaton #23	40 - 49	F Waikoloa, HI	1:12:25	11:40
95 Allison Spencer #92	30 - 39	F Kamuela, HI	1:13:12	11:48
96 Sierra Sugrue #115	20 - 29	F Hilo, HI	1:16:36	12:21
97 Rie Woo #101	20 - 29	F San Jose, CA	1:17:45	12:32
98 Nathaniel Woo #102	20 - 29	San Jose, CA	1:17:45	12:32
99 Vicki McKensie #54	50 - 59	F Sunshine Beach, Au	1:21:09	13:05
100 Peter McKensie #55	60 & Over	Sunshine Beach, Au	1:25:03	13:43
101 Marla Hank #38	30 - 39	F Mountain View, HI	1:28:07	14:12
102 Bill Van Horn #67	60 & Over	Kailua-Kona, HI	1:29:21	14:24

[\[JTL Home\]](#) [\[Overall Results - 10K\]](#) [\[Women's Division Results - 10K\]](#) [\[Overall Results - 5K\]](#)

Pau Hana Runs - 10K and 5K Run/Walk

September 30, 2011 - Waikoloa, Hawaii

Men's Division Results - 10K

Plc	Name	Residence	Time	Pace
Overall Male				
=====				
1	Billy Barnett	Volcano, HI	:34:01	05:29
2	Daniel Fontana	Milan, Italy	:36:10	05:50
3	Jason Braswell	Kailua-Kona, HI	:36:27	05:52
19 & Under Male				
=====				
1	Wyatt Brumbaugh	Kailua Kona, HI	:53:15	08:35
20 - 29 Male				
=====				
1	Austen Trimble	Spring, TX	:38:33	06:13
2	Balazs Csoke	Zurich	:44:39	07:12
3	Patrick Leatherman		:47:45	07:42
4	Chris Choy	Kailua Kona, HI	:49:51	08:02
5	Kristofer Cazimero	Kamuela, HI	:52:06	08:24
6	Donald Goings	Kailua Kona, HI	:53:31	08:37
7	Nathaniel Woo	San Jose, CA	1:17:45	12:32
30 - 39 Male				
=====				
1	Pablo Ureta	Motier, Swi	:37:05	05:58
2	Rodrigo Mirondo		:37:37	06:04
3	Mike Sullivan	Papaikou, HI	:40:49	06:35
4	John Moline	Doylestown, PA	:42:49	06:54

5 Sam Wilburn	Honokaa, HI	:43:55	07:05
6 Robin Fasciano	Kamuela, HI	:44:31	07:10
7 Joel Tessier	Hilo, HI	:52:39	08:29
8 Mathew Adams	Waikoloa, HI	:53:41	08:39
9 Robert Rithchie	Kailua Kona, HI	:57:04	09:12
10 Elliot Parsons	Kailua Kona, HI	:57:47	09:19
11 Wesley Yamamoto	Kamuela, HI	:59:11	09:32
12 Steve Godwin	Carlsbad, CA	1:00:28	09:45

40 - 49 Male

=====

1 Lyman Perry	Volcano, HI	:38:27	06:12
2 Alexander Lang	Freiburg, Germany	:40:00	06:27
3 Jason Thorp	Waikoloa, HI	:40:14	06:29
4 Andreas Ruf	Stutensee, Germany	:42:26	06:50
5 Mark Pierofesa	San Mateo, CA	:42:46	06:53
6 Tim Robinson	Kailua Kona, HI	:44:44	07:12
7 Roy McBeth	Maple Ridge, Can	:44:57	07:15
8 Stephen Cosgrove	Kailua Kona, HI	:45:34	07:20
9 Danny Guerpo	Kamuela, HI	:47:22	07:38
10 Scot Carr	Seattle, WA	:47:57	07:44
11 Keith Juhola	Reno, NV	:48:31	07:49
12 Brian Butterworth	Kamuela, HI	:51:46	08:20
13 Shawn Baker	Kamuela, HI	:53:17	08:35
14 Keith Cabral	Kamuela, HI	:56:20	09:05
15 Michael Rushton	Keaau, HI	:56:59	09:11
16 Adrian Cardiacos	New Town, Aus	1:00:20	09:43
17 Will Swasey	Waikoloa, HI	1:03:30	10:14
18 Mark Miller	Melbourn, Aus	1:05:32	10:34

50 - 59 Male

=====

1 Peter Buehlow	Bright, Can	:39:37	06:23
2 Stefan Reinke	Kaneohe, HI	:45:52	07:23
3 Steve Colon	Kailua, HI	:48:01	07:44
4 John Kylas	Ocean View, HI	:48:18	07:47
5 Mark Mahaney	Kamuela, HI	:53:41	08:39
6 James Hank	Mountain View, HI	:56:36	09:07
7 Sean Adkins	Kamuela, HI	1:04:13	10:21
8 Freeman Bangay	Waikoloa, HI	1:10:50	11:25

60 & Over Male

=====

1 Denis Honeychurch	Fairfield, CA	:56:00	09:01
2 Bob Harman	Waikoloa, HI	:57:36	09:17
3 David Eldridge	Crystal Bay, NV	1:08:15	11:00
4 Bob Crawford	Honolulu, HI	1:08:27	11:02
5 Ken Turner	Waikoloa, HI	1:11:03	11:27
6 Peter McKensie	Sunshine Beach, Aus	1:25:03	13:43
7 Bill Van Horn	Kailua-Kona, HI	1:29:21	14:24

Pro Male

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1	Penn Henderson	:39:10	06:19
2	Tim Deboom	:51:47	08:21

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Pau Hana Runs - 10K and 5K Run/Walk

September 30, 2011 - Waikoloa, Hawaii

Women's Division Results - 10K

Plc	Name	Residence	Time	Pace
Overall Female				
=====				
1	Rani Tanimoto		:43:26	07:00
2	Jenny Kalmbach	Kailua Kona, HI	:45:29	07:20
3	Erin Stephens	Kailua Kona, HI	:46:41	07:31
20 - 29 Female				
=====				
1	Tanya Gusarchuk	Kailua Kona, HI	:48:36	07:50
2	Mandy Sats	Hawi, HI	:57:51	09:19
3	Lucy Kovari	Scottsdale, AZ	:59:15	09:33
4	Kristina Rushton	Keaau, HI	1:08:43	11:05
5	Sierra Sugrue	Hilo, HI	1:16:36	12:21
6	Rie Woo	San Jose, CA	1:17:45	12:32
30 - 39 Female				
=====				
1	Rachel Gillis	Waikoloa, HI	:47:59	07:44
2	Pascale Fasciano	Kamuela, HI	:49:10	07:55
3	Lani Metcaf	Kailua Kona, HI	:52:02	08:23
4	Mary Croix	Kamuela, HI	:54:49	08:50
5	Lucy Bell	Elwood, Aus	:55:01	08:52
6	Tina Lower	Kailua Kona, HI	:57:46	09:19
7	Heather Heintz	Hilo, HI	:58:52	09:29
8	Angelica Anderson	Kamuela, HI	1:00:50	09:48
9	Annie Lurie	Melborne, Aus	1:05:32	10:34
10	Laurie D'entremont	Novascotia, Canada	1:06:00	10:38
11	Christina Martinez	Honokaa, HI	1:09:56	11:16
12	Stacy Stellflug	Billings, MT	1:11:28	11:31
13	Hoolaea Andrade	Honokaa, HI	1:12:24	11:40
14	Allison Spencer	Kamuela, HI	1:13:12	11:48
15	Marla Hank	Mountain View, HI	1:28:07	14:12

40 - 49 Female

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1	Lisa Reinke	Kaneohe, HI	:56:20	09:05
2	Nicole Friedley	Kailua Kona, HI	:57:46	09:19
3	Paige Wilburn	Honokaa, HI	:58:35	09:26
4	Ellie Sumic	Waikoloa, HI	:59:32	09:36
5	Kee Dunning	Billings, MT	1:00:31	09:45
6	Suzanne Bistline	Kamuela, HI	1:03:27	10:14
7	Shell Perrot-Juhola	Reno, NV	1:03:53	10:18
8	Kathrine Boulderstone	Linden Park, Aus	1:05:31	10:34
9	Ramona Hale	Captain Cook, HI	1:07:53	10:56
10	Carrie Hermstad	Kailua, HI	1:09:11	11:09
11	Jane Eaton	Waikoloa, HI	1:12:25	11:40

50 - 59 Female

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1	Dixie Newman	Hilo, HI	:47:49	07:42
2	Lori Montgomery	Kailua Kona, HI	:57:35	09:17
3	Christine Woods	Ocean View, HI	:58:04	09:21
4	Linda Goeth	Kailua Kona, HI	1:00:06	09:41
5	Janet Miller	Kailua-Kona, HI	1:01:12	09:52
6	Laura Rogers	Waikoloa, HI	1:07:54	10:57
7	Sandra Shepherd	Kailua Kona, HI	1:12:05	11:37
8	Vicki McKensie	Sunshine Beach, Aus	1:21:09	13:05

60 & Over Female

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1	Sally Crawford	Laguna Beach, CA	:56:43	09:08
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Pau Hana Runs - 10K and 5K Run/Walk

September 30, 2011 - Waikoloa, Hawaii

Official Results by: [JTL Timing Systems](#)

Overall Results - 5K Walk

Plc	Name	Division	Residence	Time	Pace
1	Christine Bangay #885	Walk	F Waikoloa, HI	:44:40	14:24
2	Shirley Rodrigues #866	Walk	F Waikoloa, HI	:44:42	14:25
3	Mary Higgins Colucci #856	Walk	F Kamuela, HI	:48:32	15:39
4	Linda Opdycke #887	Walk	F Kamuela, HI	:50:30	16:17
5	Brian Opdycke #888	Walk	Kamuela, HI	:53:00	17:05
6	Dave Yamagata #858	Walk	Kailua Kona, HI	:54:25	17:33

7	Ashley Quinsaat #862	Walk	F Waikoloa, HI	:57:09	18:26
8	Lynda Corotan #886	Walk	F Waikoloa, HI	:57:45	18:37
9	Dee Voytilla #883	Walk	F Waikoloa, HI	:57:45	18:37
10	Jill Freschi #864	Walk	F Auburn, CA	:58:21	18:49
11	Lisette Oliver #890	Walk	F Kamuela, HI	:58:21	18:49
12	Jamie Yamagata #860	Walk	F Kailua Kona, HI	1:00:22	19:28
13	Joyce Yamagata #859	Walk	F Kailua Kona, HI	1:00:25	19:29
14	Talia Rodrigues #865	Walk	F Waikoloa, HI	1:00:28	19:30
15	Susie Hellwig #884	Walk	F Woodlake, CA	1:00:29	19:30
16	Brenda Supnet #861	Walk	F Waikoloa, HI	1:00:43	19:35
17	Michele Cabral #863	Walk	F Papaaloa, HI	1:00:44	19:35

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